

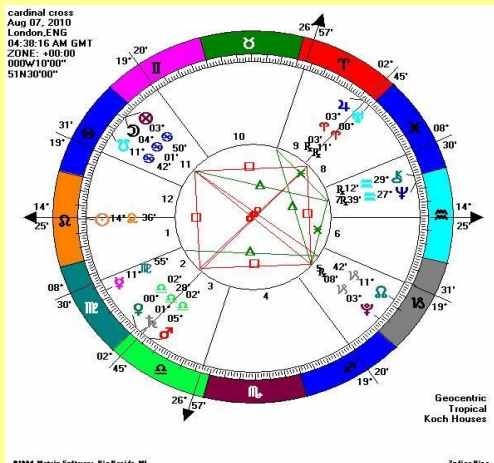
**GOD IS...I AM**  
**MANIFESTING MIRACLES BY REDEFINING GOD**  
**(Understanding God IS a Verb)**



God Is A Verb Ezine

From the Desk of Jodi McDonald

[www.godisavverb.com](http://www.godisavverb.com) and [www.meta-et.com](http://www.meta-et.com)



**THE CARDINAL  
 T CROSS  
 SUMMER 2010**

**O**ne of the most intense astrological events of human history is just weeks away from making an appearance. Many sensitive people are already beginning to

feel the discordant energy pulling them in opposing directions. Discussions of The Cardinal T Cross of late July and early August 2010 is causing quite a stir with those in the know. Perhaps it is all the better that most of the population will be obviously running around, lost in chaos, not having a clue as to what exactly is going on. But, for those whose curiosity will not be denied, I encourage you to read on.

While I am certainly no astrologer, I have been studying and reading about this for months now. As soon as I became aware, I wanted to try to understand exactly what this means. So...the interpretation I give you is a culmination of what I've gleaned. However, if you want to know more, there is a great deal of online information available. Better yet...if you are in touch with a capable astrologer, you might want to consult with them as to how this will effect you in particular.

I won't go into the actual alignment of planets, but just know that a lot of this has to do with opposing energies and fixed

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signs. In other words, it is much like letting go of one thing in order to embrace another. You might also liken it to the cycles of death and birth. In order to begin anew, the old ways must die. The interesting thing about this particular time in history is that you really won't have a choice. There is a new age birthing through us, and it is much too late to abort now. We can go in kicking and screaming, or we can enter with expectation and curiosity.

I laughed when I first thought of this, because it reminded me of the time when computer-generated technology was replacing the old machinery. So many people resisted the changes and struggled with acceptance. We didn't want to give up our typewriters, land-line telephones and cash registers. We hated having to learn how to program all the new electronic devices in our homes. Why couldn't the clocks on our VCRs be manually reset by turning a knob when the electricity caused the lights to start blinking? Many of us merely left the lights blinking rather than

have to learn how to use these newfangled devices! Such rebels we were. Were you guilty of leaving the time off by an hour each time daylight savings time kicked in? It was simply overwhelming for many of us to have to let go of what we had always done so we could make friends with a digital world. Well, if you thought that was tough...gird your loins! The 2010 Cardinal Cross is going to test your limits of acceptance!

For quite some time now, in the workshops I've been hosting, I've been warning of the darkness that will precede the light. Everyone wants to get to paradise, but no one wants to cross through the dark forest on the way. Bad news is...that is the only way in. Transformation requires opposing forces to come face-to-face, and one of them must surrender. You can either stay in your comfort zone of the familiar, longing for the light you see in the distance...or, you can take a deep breath, step into the darkness and TRUST that you will make it to the other side. I dare say, however, I would *not*

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venture into the unknown with mere faith alone. This requires an understanding like nothing ever known.

While some people will use every method available to incite fear into the hearts and minds of any listening audience, this is not the time to cower nor retaliate. Like parents of a spoiled child who has not responded to any other means of discipline, a tough-love approach is nothing more than a last resort effort to reign in the misguided energy of a child who simply knows no better.

Nonetheless, that time for tough love is nigh, and the recipient of that tough love is humanity itself.

So exactly what does all this mean? Well, it depends on who you ask. There are those warning of global catastrophes like power outages, volcanic eruptions and earthquakes. Many point fingers towards California, warning the rest of us to keep an eye on what happens there as a sign of what will come to all of us. Others say we can expect social/political turmoil akin to that of the 60s. Riots, protests, and people

marching in war. There have been predictions of a second disaster in the Gulf region that would only worsen the oil spill still poisoning our waters. There's talk of the collapse of the Federal Reserve and our money system and worldwide exposure of major corruption in our government and the "elite few" who've been running it. Some say the struggles of third world countries will become so severe that even the coldest heart will be touched by the enormous loss of life. And still others say our oil dependence has outgrown its time, but the awareness of the greed and indifference to our Mother Earth will come with a high price to pay.

Others have a lighter version of what is to come. They say it is about giving up our old patterns and ways so as to move into more exciting and challenging times. It is about getting out of "stuck" energy so as to move forward in faster, more efficient ways. But even those predicting a less ominous forecast still warn that this change will not come easily. Many will struggle against

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change, as we so often do. Most of us will not leave behind our familiar places unless we are forced. You might be asked to let go of non-serving relationships, move away from limiting jobs, give up excessive possessions, leave groups that are limiting you or to stop abusing your body. Don't want to? Fine...it will be done for you. Imagine yourself on a roller coaster....heading up the steepest hill, slowly but surely. Just as you reach the top, in anticipation of the racing fall ahead, you want to bail out, turn around, and go back! Too late...you're in for the ride of your life. Throw your hands up and scream with glee or hang on and close your eyes. Either way...you are going down the hill. You were given plenty of time to make the decision to jump on board or to sit and watch, but if you didn't choose...you will no longer be able to simply stay in your comfort zone. Like an unruly young adult that isn't following the rules, the door will be shown to you in no uncertain terms.

I know, I know. Most people HATE the

unknown...the new...change. Yikes!!! It brings up fear like we have never known. And yet, what is fear really all about? It is an opportunity to love – to shine light into the darkness.

This morning, the minister of our church was sharing a story about a group of tourists who agreed to go on a site-seeing tour by boat. It had to take place at night. After the boat stopped in a dark bay where no one could see anything, the guide said, "If you want to experience what you came for, you will have to jump into the water." Of course, fear set in for everyone and no one was willing to do so. Finally, one man stood up and jumped overboard. As he did, the water around him lit up with the most beautiful iridescent light. Pretty soon others took the leap and the water was brilliant with glowing light that followed each movement of their bodies. Thank goodness someone had the courage to jump into the unknown, or they all would have missed one of the most incredible experiences of their lives.

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So, in conclusion, what I want to say is this time period in our human history is going to be filled with moments of darkness that require us to have unquestionable trust at hand. Will you be the first to jump overboard, or will you have to be pushed instead? If you find yourself in fear, ask yourself what you are afraid of. Of what IS there to fear?

I will lovingly remind you that fear always is based in a belief in separation. If you do not know that God is ALL, you will have doubts and trust issues. You must look back at the moments in your life when you felt God abandoned you, and understand the events in new ways. Don't you know that you cannot BE anywhere where God is not because you are ONE in the SAME? Don't you know that God answered your every prayer, but that you didn't always see because you were looking with eyes of the "self" that believes it is not God? Step out of your ego-self long enough to remember that YOU are God. Everything is! Did you believe that God wouldn't take care of God?

You are always cared for, loved, and in your perfect place. Trust!

This summer is a "grand" opportunity to learn to trust in ways you never thought possible. Just do me a favor, okay? Don't look down and don't look back. Eyes wide open...fling yourself into the new unknown as the adventuresome pioneer you are. No fear...just opportunities to shine your light. This is, after all, what we've been waiting for all along.



**WHAT'S COMING UP?**

If you know of a church or business that would be interested in learning more about Meta-ET (TM), please let me know! I'm working with people here and there to set up some workshops for the next few

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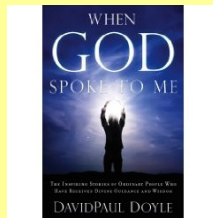
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months, and will alert you to those as they are confirmed. Thanks.

in New Braunfels.



I've been very busy recording interviews as part of a book study session with DavidPaul Doyle each Monday night on the book, "When God Spoke To Me." As you know, my story is included in the book. We've had some wonderful discussions and I'm having fun being a part of the group of authors and interested parties joining together to discuss the book. I spoke about my story a couple of weeks ago and had a great response. I'm not sure when/if those recordings will be available to the public, but I'll let you know if they are. If you still haven't read the book, you can purchase a copy at the Unity Sacred Corner bookstore



**META-ET CERTIFICATION  
 COURSE INFORMATION**

If you have taken the first series of tests to become a certified Meta-ET Practitioner, I have great news for you! We will soon be sending you a survey asking for your input on the formatting of our classes. We are looking at beginning this on October 1<sup>st</sup>. For those who have not taken the initial tests, but who are interested in becoming certified, please send me an email to let me know your interest. I hope to have several practitioners in place by the end of 2010 so we can start to really promote Meta-ET on a national level. I have held back until then, because I know there will be a huge influx of new clients wanting to work with a practitioner once this goes public, and I want to have several people ready to go at that time. Those who are on board at that time will be so glad they were on the front lines.

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If you have tossed around the idea of becoming certified, but still aren't sure about whether or not it would be profitable to you, please give me a few minutes of your time! Our system promises to be working for and with you, and we will teach you everything you need to know to become as successful as you want. You can use our system as a second source of income or as a full-time occupation. It's completely in your hands and nothing is more rewarding than helping others to heal.

Also, some people want certification not only to become a practitioner, but also to know the system, inside out. If you have an interest in understanding exactly how all this is done, then you, too, will want to attend our certification program.

Our Meta-ET website will be your source of information on all this in the very near future. We will not only have workshops, certification classes, teleconferences, practitioners and much more listed there, but we will also be offering all kinds of products for you to buy, as well. There will be many exciting audios, DVDs, books, articles, workbooks and much more that will be available to help you along.

Please stay with us on this. The journey has been long and interesting, but the end result is SO going to be worth the wait!!!

Thanks for your support and interest. Please continue checking back with us at [www.meta-et.com](http://www.meta-et.com) to learn more as we go along.

**Also, please join me  
on FaceBook at  
“Metaphysical  
Emotional  
Transformation” if  
you haven't already.  
I'll see you there!**

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If you would like to schedule a private Meta-ET (TM) session, please email or call me. We can then determine the best time and place to get together for your freedom session. Remember, these can be done in person or on the phone or on the Internet. These dates fill up fast, and I usually have at least a 3 week waiting list, so don't delay if you want to start things moving soon!! My prices will go up in September...so be sure to get your sessions booked as soon as possible if you want in on these amazing prices! Read more at [www.godisaverb.com](http://www.godisaverb.com).

**CONTACT INFORMATION**

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**I thank all of you who take time out to read and share my ezine. I feel the love you offer me, and I deeply appreciate it. ALWAYS remember.... GOD IS...I AM.**